



Short C.V.

Dr. Anthi P. Argyroudi
(July 2025)

PERSONAL INFORMATION

Name/Surname: Anthi Argyroudi

Date / Place of Birth: 10/08/1978 - Thessaloniki, Greece

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License: Chartered Psychologist (24/42558, 24-09-2001).

CURRENT POSITION: Assistant Professor of Social Psychology, Social Work Department, School of Health Sciences, Hellenic Mediterranean University, Greece (April 2025-currently).

EDUCATION

STUDIES - DEGREES:

- Ph.D. degree in Social Psychology (2013), Department of Psychology, Panteion University of Athens, Greece.
- M.Sc. degree in Communication and Civilization (2017), Department of Journalism and Mass Media, Aristotle University of Thessaloniki, Greece.
- M.Sc. degree in Social and Clinical Psychology (2005), Department of Psychology, Aristotle University of Thessaloniki, Greece.
- Bachelor's degree in psychology (2000), Department of Psychology, Aristotle University of Thessaloniki, Greece.

POSTGRADUATE STUDIES / SEMINARS:

- Training in Systemic Therapeutic Approach, Systemic Institute of Thessaloniki (2006-2009)
- Training Program in Group Dynamics Hellenic Society for Psychoanalytic Group Psychotherapy (2016-2017)

PROFESSIONAL LICENSE

License to Practice the Profession of Psychologist in Greece (24/42558, 24-09-2001).

RESEARCH EXPERIENCE/ PUBLICATIONS

Argyroudi, A., Daoultzis, K., Kordoutis, P., & Masoura, E. (2024). Validity and Reliability of the Scale for Perceptions of Love and Sex in a Greek Population. *Scientific Annals-School of Psychology AUTH*, 15, 269-304.

Argyroudi, A. & Gardikiotis, A. (2021). Vaccination against COVID-19 during quarantine period: information sources and vaccination beliefs as predictors. *Psychology: The Journal of the Hellenic Psychological Society*, 26(3), 93-110. https://doi.org/10.12681/psy_hps.28861

Argyroudi, A., & Flora, K. (2018). Meaning Attribution to Intimate Partner Violence by Counselors Who Support Women With Intimate Partner Violence Experiences in Greece. *Journal of interpersonal violence*, <https://doi.org/0886260518819877>.

Flora, K. & **Argyroudi, A.** (2016). Factors Affecting Counseling Services in Social Service Structures Providing Support to Women Who Are Victims of Violence: A Qualitative Research in Greece. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/0886260516681877>

Argyroudi, A., & Kordoutis, P. (2012). Marriage as a life goal: Preconditions and reasons for the decision to get married. *Psychology: The Journal of the Hellenic Psychological Society*, 19(3), 348–372. https://doi.org/10.12681/psy_hps.23627

Book chapter

Patitsa, C., Katsouros, A. & **Argyroudi, A.** (2024) The AI Contribution in relational Communication. New Challenges for Close interpersonal relationships. In Kalogiannidis, S. Chalaris, M. & Patitsa, C. (Eds.) *Navigating the future: Embracing advances in AI and digital transformation and seamlessly integrating ESG across sectors*. Nova Science Publishers.

Presentations at Scientific Conferences:

- National conferences: 18 oral or poster presentations
- International conferences: 5 oral or poster presentations

Guest Editor

Psychology: The Journal of the Hellenic Psychological Society, Special Issue: “Individuals, Relationships and Community in the Digital Era” (Publication expected).

Citations

Google Scholar: 15 citations και h-index=3.

PARTICIPATION IN RESEARCH PROGRAMMS

Operational Programme “Human Resources Development, Education and Lifelong

Learning”: European Social Fund, co-financed by Greece and the European Union [grant number MIS: 5049081]. *“Love, sex and attachment: systems that shape close relationships, consequences for satisfaction and longevity”* Supervised by Kordoutis, P. & Masoura, E.

Postdoctoral Research – Vaccination and Health Communication
Aristotle University of Thessaloniki, School of Journalism and Mass Media
Project: Exploring parental attitudes toward vaccination and how they access information. Supervised by Gardikiotis, A.

SUPERVISION OF THESIS

- Co-supervision of three (3) postgraduate theses

RESEARCH INTERESTS:

- Social psychology in community settings (health prevention, stigma reduction, anti-discrimination)
- Interpersonal/ intimate relationships. Attitudes toward diverse families. Intimacy in the digital era
- Intergroup relations, social identity, prejudice, and diversity acceptance

EDUCATIONAL EXPERIENCE

Undergraduate Level

- **2018–2019 (Spring):** Independent teaching, *Academic Experience Program for New PhDs*, School of Journalism & Mass Communications, Aristotle University of Thessaloniki (AUTH). Courses: a) *Interpersonal Communication*, & b) *Intergroup & Intercultural Communication*.
- **2017–2018 (Spring):** Independent teaching under Presidential Decree 407/80, School of Journalism & Mass Communications, AUTH. Course: *Interpersonal Relationships and the Internet*.
- **2016–2017 (Fall):** Independent teaching, *Academic Experience Program for New PhDs*, Department of Social Work, Democritus University of Thrace (DUTH). Course: *Counseling*.

Postgraduate Level

- **2022–2025:** Adjunct Faculty (SEP), Hellenic Open University (HOU). Distance teaching in the MA Program *Applied Developmental Psychology*. Course: *Psychology of Interpersonal Relationships from Infancy to Adulthood* (EAP60). (six consecutive semesters: Fall & Spring 2022–2025)

Teaching at College program

- **2015–2016:** MA in Clinical and Community Psychology, Metropolitan College, Thessaloniki.
Course: *Systemic and Family Therapy*.

- **2014–2015:** Undergraduate Psychology Program, Metropolitan College, Thessaloniki.
Course: *Thinking Like a Psychologist*.

WORK EXPERIENCE

- **Jul 2024 – May 2025, Psychologist**, 26th School Support Network, 2nd KEDASY, Thessaloniki (Ministry of Education)
- **Aug 2022 – Jul 2024, Psychologist (tenure-track)**, 5th School Support Network, KEDASY Serres
- **May 2019 – Aug 2022, Psychologist**, Livadia Mental Health Unit, EKEPSYE – Individual, couple, and family psychotherapy
- **Sep 2018 – Apr 2019, Career Counselor**, OAED (DYPA), Neapoli Thessaloniki – Career guidance and counseling
- **Oct 2013 – Sep 2018, Psychologist**, Women’s Shelter for Survivors of Domestic Violence, Municipality of Kordelio–Evosmos – Psychosocial support for survivors of domestic violence
- **Jun 2013 – Aug 2013, Psychologist**, Women’s Counseling Center, Municipality of Kavala – Psychosocial support for survivors of domestic violence
- **Nov 2011 – Jul 2012, Psychologist**, Special Vocational Education & Training Laboratory (EEEEK), Larissa – Student psychological support and assessment
- **Apr 2005 – Nov 2011, Psychologist & Coordinator**, Day Center “Poreia”, DEYPSY, Giannitsa – Group interventions, family support, anti-stigma community programs
- **Feb 2004 – Mar 2005, Psychologist**, Municipal Social Support Office, Saint Pavlos – Career counseling for vulnerable populations

SCIENTIFIC SOCIETIES

- Member of Hellenic Psychological Society