

Curriculum Vitae

Last name Moudatsou

Name: Maria

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Education:

1) Postgraduate Studies:

- PHD in the Department of Medicine, Faculty of Social Medicine in the University of Crete (Greece) with the topic: “Correlation between social capital and women’s health in a rural municipality in Crete”
- European Certificate of Psychotherapy. Programme on Systemic Psychotherapy of the Laboratory for the Study of Human Relations (Member of the scientific associations: HELLESYTH, EFTA).
- MA in Social Policy from the Department of Social Policy and Social Work - University of York (UK), Sponsored by the Greek Scholarship Foundation (I.K.Y.)

2) Studies:

- Social Work in the Technological Educational Institute of Heraklion (Crete, Greece)

Research Activity:

- Member of the Laboratory of Interdisciplinary Approaches for the Enhancement of Quality of Life
- Member of the Institute of Agri-Food and Life Sciences, University Research Centre, Hellenic Mediterranean University

Educational Experience:

- ✓ Assistant professor at the Department of Social Work , Hellenic Mediterranean University 01/03/2021- until today

- ✓ Lecturer at the Department of Social Work, Hellenic Mediterranean University (Technological Educational Institute of Heraklion) 9/2002 until 28/2/2021. (Public Institute)
- ✓ Lecturer at the Human Science College teaching the courses: sociology of criminology and sociology of education (1999-2000)(Private College)

Work Experience:

●Family therapist:

- ✓ Family Therapist/ Psychotherapist: Private office, 2015 – 2018
- ✓ Family therapist (voluntarily) for women's personal development group, in the Municipality of Archanes- Asterousia in Crete, Greece(2012-2013-2014-2015.(Public Services)

●Social Worker:

- ✓ Social worker at the Mental Health Center of Heraklion (Public sector), Crete, Greece (12/7-2007 until 28/2/2021)
- ✓ Social worker for Public Criminology Services in Chania, Crete Greece,17.1.2007– 11-7- 2007 (Public sector)
- ✓ Social worker for elderly and disabled people in the Gorgolaini area,Crete,Greece12.9.2002-17.1.2007(Public sector)
- ✓ Social worker for youth in Neapoli, Crete, Greece, 1999- 2000 (public sector)

Reviewer in Scientific Journal:

- International Journal of Environmental Research and Public Health
- Healthcare
- Practical Issues in Management and Economics
- Behavioral Sciences

- Psych

Publications:

- Moudatsou M, Koutis A, Philalithis A. 2010. Community appraisal methodology as a method of health needs assessment, *Social Work*, 98: 71-84.
- Moudatsou M, Kritsotakis G, Alegakis A, Koutis A, Philalithis A. 2014. Social capital and adherence to cervical and breast cancer screening guidelines: A cross – sectional study in rural Crete: *Health and Social Care in the Community*, 22, 395-404/2014.
- Moudatsou M, Koutis A, Philalithis A. 2016. Personal and social parameters of breast and cervical cancer screening, *Archives of Hellenic Medicine*, 33: 189-197.
- Moudatsou M. 2018. Fear of intimacy and loneliness as a product of trauma: narrating repressed feelings and experiences, *Metalogos*, 33.
- Moudatsou M, Tzanidaki M, Kritsotakis G, Koutis A, Alegakis A, Panagouloupoulou E, Philalithis A. 2018. Women's health needs in an urban municipality of Crete: A study by health and social welfare professionals, *Social Work*, 129, 41-60.
- Moudatsou M, Kritsotakis G, Koutis A, Alegakis A, Evangelia Panagouloupoulou E, Philalithis A. 2019. Comparison of self-reported adherence to cervical and breast cancer screening guidelines in relation to the researcher's profession. *Hellenic Journal of Nursing Science*, 12 (3)44-51.
- Smyrnaki M, Moudatsou M. 2019. Domestic violence as an etiological factor and consequence of addiction. *Exartisis*, 33, 49-62.
- Maria Moudatsou M, Stavropoulou A, Philalithis A, Koukouli S. 2020. The Role of Empathy in Health and Social Care Professionals. *Healthcare*, 8, 26 doi:10.3390/healthcare8010026 /2020).
- Moudatsou M, Vouyiouka P, Karagianni – Hatziskou E, Koukouli S, Stavropoulou A. 2020. The association between social capital and cervical cancer prevention in a sample of female university students. A research protocol. *Perioperative Nursing*: 9(2), 117–125. [http://doi.org/10.5281/zenodo.4011274 /](http://doi.org/10.5281/zenodo.4011274/) 2020

- Moudatsou M, Stavropoulou A, Alegakis A, Philalithis A, Koukouli. 2021. Self-Reported Assessment of Empathy and Its Variations in a Sample of Greek Social Workers. Healthcare <https://doi.org/10.3390/healthcare9020219> / 2021).
- Moudatsou M, Koukouli S, Palioka E, Pattakou G, Teleme P, Fasoi G, Kaba E, Stavropoulou A. 2021. Caring for Patients with Psychosis: Mental Health Professionals' Views on Informal Caregivers' Needs. International Journal of Environmental Research and Public Health, 18, 2964. <https://doi.org/10.3390/ijerph18062964> / 2021).
- Vardaramaton F, Tsesmeli A, Koukouli S, Rovithis M, Moudatsou M, Stavropoulou A. 2021 Exploring women's experience after breast cancer diagnosis. A qualitative study. Perioperative Nursing, 10 (2) 193- 207
- Moudatsou M, Stavropoulou A, Koukouli S. 2021. When caring for 'significant others' becomes a lifelong obligation: A case study, Encephalos, 58: 48-59
- Rovithis M, Koukouli S, Fouskis A, Giannakaki I, Giakoumaki K, Linardakis M, Moudatsou M, Stavropoulou A. 2021. Empathy and mobile phone dependence in nursing: A cross-sectional study in a public hospital of the island of Crete, Greece. Healthcare, 9, 975. <https://doi.org/10.3390>
- Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S. 2022. Health Care Professionals' Views about Vaccination for Covid 2 – 19: A Qualitative Research in Primary Health Care Settings. Med. Sci. Forum 2022, **10**, **1**, **3**
- Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S. 2022 Mental health care and on line consultation during the covid – 2 19 pandemic: A literature review. Med. Sci. Forum 2022, 2, x. <https://doi.org/10.3390/xxxxx>
- Stavropoulou A, Rovithis M, Kelesi M, Vasilopoulos G, Sigala E, Papageorgiou D, Maria Moudatsou M, Koukouli S, 2022. What Quality of Care Means? Exploring Clinical Nurses' Perceptions on the Concept of Quality Care: A Qualitative Study, Clin. Pract. 2022, 12, 468–481, <https://doi.org/10.3390/clinpract12040051>
- Stavropoulou A, Rovithis M, Sigala E, Moudatsou M, Fasoi G, Papageorgiou D, Sofia Koukouli S. 2022. Exploring Nurses' Working Experiences during the

First Wave of COVID-19 Outbreak, Healthcare 2022, 10, 1406.
<https://doi.org/10.3390/healthcare10081406>

- Moudatsou M, Vouyiouka P, Karagianni-Hatziskou E, Rovithis M, Stavropoulou A, Koukouli S. 2022. Knowledge and Use of Cervical Cancer Prevention Services among Social Work and Nursing University Students, Healthcare 2022, 10, 1140. <https://doi.org/10.3390/healthcare100611>
- Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S. 2023. Views and challenges of COVID-19 Vaccination in the Primary Health Care Sector. Vaccines 11, 803. https://doi.org/10.3390/vaccines_11040803
- Moudatsou, M.; Stavropoulou, A.; Rovithis, M.; Koukouli, S. 2024. Evaluation of Online Counseling through the Working Experiences of Mental Health Therapists Amidst the COVID-19 Pandemic. Healthcare 12, 495. <https://doi.org/10.3390/healthcare12040495>

Presentations in Congress–Conferences:

- Koukouli S, Stavropoulou A, Moudatsou M. (2023). Gender Discrimination In Academia: Is It A Myth Or A Reality? Educational Leaders Without Borders 2023 Conference, 28-31 May, Athens, Attica
- Presentation at the 8th Pankrition Interdisciplinary Conference of Alzheimer and Related disorders and 4th Panhellenic Conference of aging and healthy age that held between 22/ 09/2022-24/09/ 2022. Title: “Psychosocial support of young patients with dementia” Moudatsou M
- Presentation / Coordination of a workshop at the 8th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been held between 08/07 - 10/07 2022. Title: “Management of stressful situations as a means of personal and professional development and growth” Moudatsou M, Fakiola M
- Presentation / Coordination of a workshop at the 8th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been held between 08/07 - 10/07 2022. Title: “I Set Boundaries: An Experiential Seminar in Learning to Say No Guilt-Free” Moudatsou M, Fakiola M

- Session Chair in Conference at the 8th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been held between 08/07 - 10/07 2022. Title of the session: Health crisis, society and education, Moudatsou M, Fakiola M
- Presentation at the 8th Panhellenic Interdisciplinary Conference of Nursing Research of Health Institute, held between 10/06- 13/06/ 2022 Conference. Title: The role of health professionals in the institution of Judicial Support, Meramveliotakis H, Koukouli S, Moudatsou M.
- Presentation at the 30th Panhellenic Conference of Psychiatry held between 26/ 5-29 05/ 2022. Title: When excessive care of others leads to neglect of self-care, Moudatsou M, Stavropoulou A, Koukouli S.
- Presentation at the 30th Panhellenic Conference of Psychiatry held between 26/ 5-29 05/ 2022. Title: Mental health professionals and psychosis: What are the needs and difficulties they face, Drakopoulou G, Giakoumaki G, Koukouli S, Stavropoulou A, Rovithis M, Moudatsou M
- Presentation at the 30th Panhellenic Conference of Psychiatry held between 26/ 5-29 05/ 2022. Title: Psychosocial rehabilitation and psychosis: Difficulties and enabling factors, Moudatsou M, Leledaki N, Karpoutzaki N, Kastritis X, Stavropoulou A, Rovithis M, Koukouli S
- Presentation at the 30th Panhellenic Conference of Psychiatry held between 26/ 5-29 05/ 2022. Title: ONLINE counseling in the time of COVID -19: A new challenge for mental health, Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S
- Presentation at the 30th Panhellenic Conference of Psychiatry held between 26/ 5-29 05/ 2022. Title: Needs of caregivers with chronic psychotic illness: A qualitative approach, Moudatsou M, Koukouli S, Palioka E, Patakou G, Teleme G, Rovithis M, Koukouli S
- Presentation at the Panhellenic Conference of Public Health held between 28/02- 02/03- 2022. Title: Assessing student health needs: A qualitative approach, Moudatsou M, Kouloumi K, Balasou E, Stavropoulou A, Koukouli S.
- Presentation at the Panhellenic Conference of Public Health held between 28/02- 02/03- 2022. Title: ONLINE Counseling and COVID 19: Views of Mental Health Professionals, Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S

- Presentation at the Panhellenic Conference of Public Health held between 28/02- 02/03- 2022. Title: Vaccination and COVID 19: Results of a qualitative study in community health care structures in Crete, Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S
- Presentation at the 2nd International Electronic Conference on Healthcare. 17 February – 03 March 2022, Health Care Professionals' Views About Vaccination for COVID-19: A Qualitative Research in Primary Health Care Settings Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S.2022
- Presentation at the 2nd International Electronic Conference on Healthcare. 17 February – 03 March 2022, Online Mental Health Care and Online Consultation During the COVID-19 Pandemic: A Literature Review Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S.2022
- 10th Hellenic Social Welfare Congress that has been held in Heraklion, between October 18/11 – 19/11, 2021. Title: Which are health professionals views, Moudatsou M, Stavropoulou A, Rovithis M, Koukouli S
- Presentation / Coordination of a workshop at the 7th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been held between 09/07 - 10/07 2021. Title: Communication as a means for a personal and professional development, Moudatsou M, Fakiola M.
- Presentation / Coordination of a workshop at the 7th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been held between 09/07 - 10/07 2021. Title: Self-esteem: An experimental seminar, Moudatsou M, Fakiola M
- Presentation at the European Conference on Social Work Education that has been held between 15- 06 / 18- 06- 2021. Title: Women's group therapy: A way of becoming resilient and healthy throughout lifespan and regardless of unexpected events. Moudatsou M, Stavropoulou A, Koukouli S.
- Presentation at the European Conference on Social Work Education that has been held in 15- 06 / 18- 06- 2021. Title: Social workers empathy in time of uncertainty: Can empathy be taught? Moudatsou M, Stavropoulou A, Alegakis A, Philalithis A, Koukouli S.
- Session Chair in Paper Presentation Session 13: Ethics and Professional Social Work, in European Conference on Social Work Education that has been held in 15-

06 / 18- 06- 2021. Title: Paper Presentation Session 13: Ethics and Professional Social Work.

- Session Chair at the Conference for the individualized psychosocial intervention and counseling for the learning difficulties that has been held between 11- 12 / 06- 2021. Session title: Interdisciplinary team and interdepartmental collaboration
- Presentation at the 27th Pan-Hellenic Conference of Psychiatry held between 18 - 21/04/2019. Title: Study of empathy in social workers in the region of Crete, Moudatsou M, Stavropoulou A, King S, Alegakis A, Koukouli S.
- 8th Hellenic Social Welfare Congress that has been held in Heraklion, between 11- 10/ 12-10 2018. Title: Study of empathy in a sample of social workers in the region of Crete. Moudatsou M, Stavropoulou A, King S, Alegakis T, Koukouli S
- Presentation at the European Forum for Primary Care, 24&25 September 2018. Title: Social workers empathy in Primary Health Care: The results of a pilot study. Moudatsou M, Stavropoulou A, Alegakis A, Philalithis A, King S, Koukouli S.
- Poster at the 7th Pan-Hellenic Conference Forum of Public Health and Social Medicine held between 3-11/5-11/2018. Title: (P29): Ecology of self-reported health and gynecological cancer prevention
- Session Chair at the Conference of the Laboratory of Interdisciplinary approaches of Quality of Life, Title: Mental health and quality of life
- Member of the scientific committee at the Conference of the Laboratory of the Interdisciplinary approaches of Quality of Life
- Presentation at the Pan-Hellenic Conference of Public Health and Health Services: Human, animals, environment held 19-3/21-3/ 2018. Title: A study of social capital and women's cancer prevention. Moudatsou M, Koutis A, Alegakis T, Panagouloupoulou E, Philalithis A.
- 7th Hellenic Social Welfare Congress that has been held between 12-10/ 13-10 2017. Title: Empathy and Social work. Its role in therapeutic relationship. Moudatsou M, Stavropoulou A, Alegakis T, Koukouli S.
- 7th Hellenic Social Welfare Congress that has been held between 12-10/ 13-10 2017. Title: The personal development team and its contribution to improving the

quality of work of social care professionals: The example of the Mental Health Center of Heraklion. Moudatsou M, Gavalaki F.

- 7th Hellenic Social Welfare Congress that has been held between 12-10/ 13-10 2017. Title: Training social care professionals in mental health and improving the quality of their work. Moudatsou M, Gavalaki F, Fanioudakis N.
- Presentation at the 9th EFTA Congress that has been held in Athens, between 28/9 / 2016 - 1/10/2016. Title: “Transition from the old to the new” Moudatsou M, Marathianou E.
- Presentation poster at the 5th Pan - Hellenic Forum of Public Health and Social Policy that has been held, between 21-22 November, 2014. Moudatsou M, Koutis A, Philalithis A
- Presentation poster Poster NO: P16 “Women’s health needs assessment by “Key” people who are responsible for health and social policy” Poster NO: P16 : Moudatsou M, Koutis A, Philalithis A.
- Presentation at the 17th Cretan Medical Congress that has been held in Heraklion, between October 24- 27, 2014. Title: “Disagreement in self-reported health in two simultaneous researches that held in rural Crete” Moudatsou M, Koutis A, Philalithis A
- Presentation poster at the 17th Cretan Medical Congress that has been held in Heraklion, between October 24- 27, 2014. Poster NO: P 105 “Group therapy as a vehicle for health improvement” Moudatsou M
- Presentation at the 4th Hellenic Social Welfare Congress that has been held in Agios Nikolaoas, between July 3-4, 2014. Title: “Community appraisal methodology as a tool of health needs assessment” Moudatsou M

- Presentation poster at the 8TH EFTA Congress that has been held in Istanbul, between October 24- 27, 2013. Poster NO: P-011 “The group therapy as a family pathway against the financial crisis” Moudatsou M
- Presentation at the 3rd Pan - Hellenic Forum of Public Health and Social Policy that has been held in Athens, between 30 November to 02 December, 2012. Title: “Social capital and breast and cervical cancer screening adherence” Moudatsou M, Koutis A, Philalithis

Seminars-Studies:

- Educational programme for professionals in mental health centers. Total hours(180):24-11-2008– 2-2-2009
- Educational seminar based on Systemic Approach experience with subject «Introduction in the theory of human systems within the systemic way of thinking» Total hours:(20)
- Educational seminar based on Systemic Approach experience with subject: Odyssey an “inner trip to meet our personal destination”. Total hours: (30):9/2008-7-/2009
- Educational seminar based on Systemic Approach experience with subject: Herculesan“inner trip to meet our personal needs». Total hours :(30):9/2009-3-/2010

Research interests: Social capital, empathy, mental health, psychosis, elderly, vulnerable people, issues of justice, online consultation, covid 19 and vaccination

