

**PERSONAL INFORMATION**

**Dr Nikoleta Ratsika**

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[www.researchgate.net/profile/Nikoleta\\_Ratsika](http://www.researchgate.net/profile/Nikoleta_Ratsika)

Sex Female | Date of birth 20/05/1958 | Nationality Greek

**WORK EXPERIENCE**

Total time of working experience: 35 years

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|-------------|--------------|--|
| <b>2019</b> | <b>today</b> | <p><b>Assistant Professor in Community Social Work</b><br/>                 Dep. of Social Work, Hellenic Mediterranean University (<a href="http://www.hmu.gr">www.hmu.gr</a>)</p>  |
| <b>1994</b> | <b>2019</b>  | <p><b>Lecturer in Social Work</b><br/>                 Dep. of Social Work, TEI of Crete (<a href="http://www.teicrete.gr">www.teicrete.gr</a>)</p>  |
| <b>1985</b> | <b>1994</b>  | <p><b>Field Assistant in Social Work</b><br/>                 Dep. of Social Work, TEI of Crete (<a href="http://www.teicrete.gr">www.teicrete.gr</a>)</p>   |
| <b>2007</b> | <b>2020</b>  | <p><b>Researcher or Instructor</b><br/>                 ELKE, HMU - ELKE, TEI of Crete - ELKE, University of Crete</p>   |
| <b>2020</b> | <b>2020</b>  | <p>Instructor<br/> <b>Teacher training program: "Intercultural Education"</b>, MEBIDIM, Life long Learning<br/>                 ELKE, HMU</p>  |
| <b>2014</b> | <b>2020</b>  | <p><b>Greek State Human Resources Registry</b><br/> <b>ERASMUS + Assessment Register</b></p>   |
| <b>2019</b> | <b>2021</b>  | <p>National Agency of Greece<br/>                 Principal Investigator<br/> <b>DepCip - Digitised education of parents for children protection</b> Erasmus+ KA2 (2019-1-TR01-KA204-077577)<br/>                 ELKE, HMU</p>  |
| <b>2017</b> | <b>2019</b>  | <p>Principal Investigator<br/> <b>ISSA - Improving Solutions for Student Absenteeism.</b> Erasmus+ KA2 (n 2016-1-EL01-KA203-023637)</p>  |
| <b>2018</b> | <b>today</b> | <p>ELKE TEI CRETE<br/>                 Principal Investigator</p>  |
| <b>2017</b> | <b>2017</b>  | <p><b>MULTICULTURAL STUDY OF TRAUMA RECOVERY (MiStory)</b><br/>                 Co-ordinator: Dr. Denise Saint Arnault, University of Michigan<br/>                 Instructor<br/> <b>'Updating the knowledge of Professional Social Workers'</b>, Life Long Learning Program</p> |
| <b>2014</b> | <b>2015</b>  | <p>ELKE, TEI CRETE<br/>                 Researcher</p> <p><b>'Evaluation of the Professional Development of Adult Education Staff'</b>- Life-Long-Learning Program GRUNDTVIG Multilateral (No:538743-LLP-1-2013-1-IT-GRUNDTVIG-GMP)<br/>                 ELKE, TEI of Crete</p>    |
| <b>2014</b> | <b>2015</b>  | <p>Researcher<br/> <b>"The process of transition from youth to adulthood. A study for the young people of Crete "</b>.<br/>                 Archimedis III</p>   |

		ELKE, TEI of Crete
<b>2012</b>	<b>2013</b>	<p>Researcher</p> <p><b>'Epidemiological Evidence of Health Problems, Exploration of Health Needs and Health Education Intervention in the Rural Population of Crete'</b>- Archimedes III</p> <p>ELKE, TEI of Crete</p>
<b>2010</b>	<b>2011</b>	<p>Researcher</p> <p><b>Transfer of innovation to develop a relationship of aid with abandoned populations (children, adolescents, older people) in Europe.</b> Leonardo- RELAIS PLUS</p> <p>Unpaid participation ELKE TEI CRETE</p>
<b>2013</b>	<b>2014</b>	<p>Researcher</p> <p><b>Increasing the capacity of domestic workers of different origins to respond to sexual violence through community-based interventions</b> DAPHNE COMMUN –AID</p> <p>ELKE TEI CRETE</p>
<b>2013</b>	<b>2014</b>	<p>Researcher</p> <p><b>Empowering women to fight against domestic violence through an integrated model of training, support and counselling</b> DAPHNE WOM-POWER</p> <p>ELKE TEI CRETE</p>
<b>2012</b>	<b>2013</b>	<p>Researcher</p> <p><b>Self-care for Long-Term Conditions in Europe.</b> EU-WISE project (FP7)</p>
<b>2007</b>	<b>2015</b>	<p>ELKE, University of Crete</p> <p>Instructor</p> <p><b>'Assessment and supervision of college students during their 6 months Practicum',</b></p> <p>ELKE, TEI CRETE</p>
<b>1996</b>	<b>1996</b>	<p>Principal Co-Ordinator</p> <p><b>YOUTHSTART I Program: Training program in the area of welfare: Group Animators</b> Youthstart I «IASSON»</p> <p>KEK TEI CRETE</p>
<b>1993</b>	<b>1994</b>	<p>Co-Ordinator, Instructor</p> <p><b>Training Program for Social Workers as Local Government Officers.</b></p> <p>EKT, Crete Perfection</p>

## EDUCATION AND TRAINING

2012	PhD in Social Work	8 level of EQF
	Department of Social Work, UMEA University, Sweden	
	" Between tradition and modernity: The occupational choices of young people in rural Crete."	
2001	M.Phil. in Social Work	7 level of EQF
	Department of Social Welfare, UMEA University, Sweden	
	" Between tradition and modernity: The occupational choices of young people in rural Crete."	
1981	First Degree (BSc) in Social Work	6 level of EQF

Social Work Department, TEI of Crete, Greece

**PERSONAL SKILLS**

Mother tongue(s) Greek

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user

**Communication skills** ▪ Very good communication skills, types and obstacles in the communication gained through my experience as a Social Work professor and as a researcher, particularly experienced in qualitative social research

**Organisational / managerial skills**

- Good leadership (responsible for the Laboratory of Local and Community Development, in charge of 2 EU funded research projects, and vice -director of the master’s program in the Social Work dept, HMU., mainly because I am hard working and I stand near my colleagues)
- Planning (I work in a number of funded EU projects, I am vice-director of the master’s program in the Social Work dept, HMU, I have been working for many years in updating the curriculum at my department, I supervise students in their field-based studies)
- Evaluate (Evaluator to KA2 Erasmus+ project, Evaluator of ELIDEK programs, member of the committee of the internal evaluation in the SW Dept.
- Write reports
- Monitoring ongoing projects

**Job-related skills**

- Confidentiality is one of the core principals of social work profession
- Plan, and provide workshops/seminars
- Designing projects, preparing and drafting concept papers and project proposals for submission to EU
- Reliability, trust and honesty suit my character
- Team work, responsibility and hard work are highly valued

Digital skills	SELF-ASSESSMENT				
	Information processing	Communication	Content creation	Safety	Problem solving
	- Independent user	- Independent user	- Independent user	- Independent user	- Independent user

Levels: Basic user - Independent user - Proficient user/ [Digital competences - Self-assessment grid](#)

Independent use of Microsoft office programs (word, excel, power point etc)

**Other skills** ▪ Photography, Yoga.

Driving licence Yes

## PUBLICATIONS (14 in total)

1. Koutra Kleio, Karaferye Figen, **Nikoleta Ratsika**, Anand Torrents, Vehbi Onur Demirciler, & Oktay Sahbaz (2020). Secondary school student's path to early school leaving. Systematic review. Educational Research (under revision).
2. Katerina Michelia,\*, Nikoleta Ratsikab, Maria Vozikakia, Gregory Chlouverakisa, Anastas Philalithis (2018). Family ties and functional limitation in the elderly: Results from the Survey of Health Ageing and Retirement in Europe (SHARE), Archives of Gerontology and Geriatrics 78 23-29
2. Athanasios Athanasiadis, **Nikoleta Ratsika**, Constantinos Trompoukis, Anastas Philalithis, (2018) "The health decentralization process in Greece: the insiders' perspective", International Journal of Health Governance, Vol. 23 Issue: 4, pp.316-329
3. Koutra K. & **Ratsika N.** (2017). Case Study: Self Care Assistance Team for the Elderly in a small rural community in Crete. In: Community Work. Strategies, Methods, Tactics, Pioneers of Community Work- Papazisis Publications, ISBN13 9789600233537.
4. Koutra K, Kritsotakis G, Linardakis M, **Ratsika N**, Kokkevi A, Philalithis T. (2017). Social Capital, Perceived Economic Affluence and Smoking During Adolescence: A Cross-Sectional Study. Substance Use & Misuse 52(2), 240-250.
5. Kalaitzaki A., Koutra K., Kritsotakis G., Economou K., **Ratsika N.**, (2015). "The process of transition from youth to adulthood. A study for the young people of Crete ". Sophia Koukouli (Editing). Archimedes Research Project, subproject 04. Technological Educational Institute of Crete. ISBN 978-618-5221-01-0.
6. Koutra, K, Kritsotakis, G., Pelekidou, L., **Ratsika, N.**, (2015). Aims of the evaluation: why to evaluate? In: The Evaluation of Adult Education Staff. Edueval Handbook.- Pensa Multimedia ISBN 978-88-6760-341-1
7. Koutra, K., Kritsotakis, G., Orfanos, P., **Ratsika, N.**, Kokkevi, A., & Philalithis, T. (2014). Social capital and regular and binge alcohol use in adolescence: a cross sectional study in Greece. Drugs: Education, Prevention & Policy Journal, 21(4), 299-309.
8. Rogers, A., Vassilev, I., Jesus Pumar, M., Todorova, E., Mari Carmen Portillo, M. C., Foss, Ch., Koetsenruijter, J., **Ratsika, N.**, Serrano, M., Rund Knutsen, I., Wensing, M., Roukova, P., Patelarou, E., Kennedy, A., Lionis, Ch., (2015). Meso level influences on long term condition self-management: stakeholder accounts of commonalities and differences across six European countries. *BMC Public Health*. Vol 15, p 622
9. Pelekidou L., Prokopakis M., **Ratsika N.**, (2017). Intercultural Social Work in a School Community of Heraklion City: A Pilot Activity of the Intercultural Education and Action Laboratory of the Department of Social Work, Crete. In: Panagiotopoulos, Ch., Social Work and School. Applied Interdisciplinary Interventions. Athens: Ion Publishing Group.
10. Kennedy, A., Rogers, A., Vassilev, I. Todorova, E., Roukova, P., Foss, Ch., Knutsen, I., Portillo, M. C., Mujika, A., Serrano-Gil, M., Lionis, Ch., Angelaki, A., **Ratsika, N.**, Koetsenruijter, J., Wensing, M., (2014). Dynamics and nature of support in the personal networks of people with type 2 diabetes living in Europe: Qualitative analysis of network properties. *Health expectations*. Vol. 18 (6), pp: 3172-85
11. **K. Koutra**, K. Kaparounaki, K. Plakia, Th. Roumeliotaki, N. Ratsika (2008). Employers Attitudes Anonymous Companies of Heraklion for the vocational rehabilitation of persons with mental retardation. *Social Work*, 92, p. 155-180.
12. Grazia Riva, M. **Ratsika N.** (2014). Supervision as a Kind of Qualitative Evaluation. International Scientific Conference "SOCIETY, INTEGRATION, EDUCATION". Rezekne, Latvia, May 22-23, 2015 (Content of the article corresponds to requirements of scientific articles. Minor recommendation for the acceptance of this paper for publication in the conference proceedings) <http://conferences.ru.lv/index.php/SIE/SIE2015/index>  
ISBN 978-9984-44-169-6
13. Koutra K., Pelekidou L., Kyrou I., Prokopakis M., **Ratsika N.** (2011). The interventionist role of social work in the evaluation of home care services for the elderly and caregivers in a rural semi-mountainous community. In: Parallalis S. (Ed.) The Dimensions of Social Work in Greece and Cyprus. Athens: Field
14. **Ratsika, N.** (2007). Narrative Method: A summary overview of different approaches and models of analysis. In: Papaioannou S. (Ed.) Issues in Theory and Method of the Social Sciences. Athens: Review pp. 139-162

ISBN 978-960-218-546-9

**PRESENTATIONS  
(in Greek and  
International  
Conferences &  
research meetings)**

SELECTIVE  
PRESENTATIONS

- A. More than 46 invited papers – talks and Contributed Papers/Talks.
- **Ratsika N.** "Sexual Assault of Female Immigrant Workers: Needs Assessment and Intervention Proposals"  
10th Panhellenic Scientific and Professional Nursing Conference  
9th Pan-European Scientific and Professional Nursing Conference  
Heraklion April 27-29, 2017
  - Grazia Riva M. Kritsotakis G., **Ratsika N.:** 'Participatory and Hermeneutic Evaluation for the professional development of Educators: A psychoanalytical and Socio-educational perspective.' International Conference of Education Research and Innovation. 18-20 Nov. 2015 Seville, Spain.
  - Grazia Riva, M. **Ratsika N.:** "Supervision as a Kind of Qualitative Evaluation"  
International Scientific Conference "SOCIETY, INTEGRATION, EDUCATION"  
Rezekne, Latvia, May 22-23, 2015
  - Ratsika N. "Experimental Education in the prevention of Violence Against Women."  
Work Shop on Prevention and Treatment of VAW.  
25 November 2014 , Atladis Hotel, Hraklion, Crete
  - Ratsika N. "Sexual Abuse / Harassment of Migrant Housekeepers and the Needs of Victims."  
1st Postgraduate Scientific Social Work Symposium on:  
Social welfare in crisis. Challenges and Prospects for Social Work.  
TEI of Athens Department of Social Work, European Federation of Schools of Social Work,  
SKLE 7-8 November 2014 Athen
  - Papadakaki M, Pelekidou L, **Ratsika N**, Christodoulou J, Halbmayr B, Kohont A, Kouta C, Lainpelto J, Lainpelto K, Pithara C, Schmid G, Solinc M, Spetsidis N, Papanikolaou M, Chliaoutakis J  
"Systematic Review of evidence on sexually victimized migrant domestic workers (COMMUNAID project)"  
22nd International Congress for cross cultural psychology (15-19 July, 2014/Reims, France)
  - Papadakaki M, Pelekidou L, **Ratsika N**, Papanikolaou M, Stamatakis A, Chliaoutakis, J  
"Assessing stakeholders' views and practices on the prevention and management of sexual harassment against migrant domestic workers: The case of Greece"  
22nd International Congress for cross cultural psychology (15-19 July, 2014/Reims, France).
  - **Ratsika, N.**, Papadakaki M., Pelekidou L., Papanikolaou M., Vasilaki E., Spetsidis N., Skoula E. and Chliaoutakis J. "Post victimization needs of sexually harassed female migrant domestic workers in Greece: The Commun-aid project. " 19<sup>th</sup> International Conference of the Association Psychology and Psychiatry for Adults and Children (A.P.P.A.C.), Athens, Greece, 13-16 May 2014
  - Papadakaki, M., Musteata S., Vasilaki E., Pelekidou L., **Ratsika N.**, Anipsitaki M., Papanikolaou M. and Chliaoutakis J. "WOMPOWER-Empowering women to fight against domestic violence through integrated model of training support and counseling. " 19<sup>th</sup> International Conference of the Association Psychology and Psychiatry for Adults and Children (A.P.P.A.C.), Athens, Greece, 13-16 May 2014.
  - Kritsotakis G., **Ratsika N.**, Koutra K., Pelekidou M., Prokopakis M., Konstantinidis T., Zografakis M., Androulaki Z. Social context and decision-making of permanent residents and immigrants with permanent resident status when accessing healthcare in rural Crete, Greece: a qualitative approach. 4th European Transcultural Nursing Association International Conference, Budapest, Hungary, 29-30 June 2015.

- Kritsotakis G., **Ratsika N.**, Koutra K., Pelekidou M., Prokopakis M., Konstantinidis T., Zografakis M., Androulaki Z. (2015). Social context and decision-making of permanent residents and immigrants with permanent resident status when accessing healthcare in rural Crete, Greece: a qualitative approach. 4th European Transcultural Nursing Association International Conference, Budapest, Hungary.
- G. Kritsotakis, **N. Ratsika**, K. Koutra, M. Pelekidou, Z. Androulaki, A.E. Philalithis (2015). Accessing healthcare in rural Crete, Greece: investigating the decision-making process using a qualitative approach. 2<sup>nd</sup> International Conference: Public Health Strategies & Priorities, Vlorë, Albania.
- **Ratsika N.**, (2015). **Evaluation and Adult Educators' Development: what future prospects?** EDUEVAL Final Conference, University of Milan- Bococca, Milan 17 Dec. 2015
  - **N. Ratsika**, M. Papadakaki, L. Pelekidou, J. Chliaoutakis (2014). Women's experiences of domestic violence and their needs for post-victimization support: a qualitative research study. International Conference "Violence against women: prevention strategies and good practices" 28 Nov 2014, Bucharest, Romania
- Kritsotakis G., **Ratsika N.**, Koutra K., Pelekidou M., Miroslaw Grewinski, Wojciech Duranowski, Roger Esteller Curto, Pilar Escuder Mollón, Gilberto Marzano, Velta Lubkina, Daniele Sartori, Elisabetta Biffi, Viviana Vinci, Loredana Perla, Maria Grazia Riva (2015). Presentation of the 'EDUEVAL-EVALUATION FOR THE PROFESSIONAL DEVELOPMENT OF ADULT EDUCATION STAFF'. ENNE, THESALONIKI.
- Michail, K. Chouteri, Th. Roumeliotaki, **N. Ratsika**, K. Koutra (2010). "Culture and alcohol. Consumption. Survey of migrants arriving at the office of foreigners in the city of Heraklion, Crete". SKLE Social State: Social Work in the Regional and Local Network of Social Care Services.

## FUNDING RESEARCH PROJECTS

- **Principal Scientific Researcher** of the project KA2 "Digitised education of parents for children protection"(DEPCIP PROJECT) No. KA204-DFBEC385-EN (33) (2020-2023).
- **Principal Scientific Researcher** "Multicultural Study of Trauma RECOVERY (MiStory)" under National Science Foundation Cultural Anthropology award. Coordinator: Dr Denise M. Saint Arnault, University of Michigan (2018).
- **Principal Scientific Researcher** "ISSA - Improving Solutions for Student Absenteeism". Erasmus+ KA2 (n 2016-1-EL01-KA203-023637) (2017-2019).
- **Member of the research team:** 'The transition process from youth to adulthood. A study on the young people of Crete'. (01-05-2012 to 30-11-2015).
- **Member of the research team:** 'Epidemiologic profiling, health needs assessment and health education intervention in the rural population of Crete, Greece'. (01-05-2012 to 30-11-2015).
- **Member of the research team** for TEI Crete, «Evaluation for the Professional Development of Adult Education Staff» (01-01-2014 to 31-12-2015, No 538743-LLP-1-2013-1-IT-GRUNDTVIG-GMP).
- **Member of the research team** for TEI Crete "Empowering women to fight against domestic violence through an integrated model of training, support and counselling" (5.5.2014-31.12.2014)
- **Member of the research team** for TEI Crete "Increasing the capacity of domestic workers of different origins to respond to sexual violence through community-based interventions" (24.1.2013 – 31.12.2014)
- **Member of the research team** for University of Crete " Self-care for Long-Term Conditions in Europe."

(12.2012- 31.1.2013 and 1.2.2013-30.4.20130

- **Member of the research team** for TEI Crete "Transfer of innovation to develop a relationship of aid with abandoned populations (children, adolescents, older people) in Europe." ( 2010-2011)

**EVALUATOR &  
EXPERT  
REGISTRY**

**REVIEWER  
2019**

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**External Evaluator Call project : KA2"Adult Education" Erasmus+**

Entity: National Agency of Greece (IKY)

**External Evaluator Call project : "Supporting Postdoctoral Researchers / Researchers"**

Entity: ELIDEK (IKY)