



Brief C.V.
Dr. Argyroula E. Kalaitzaki
(July, 2021)

PERSONAL INFORMATION

Name/Surname: Argyroula Kalaitzaki

Marital situation: Married with two children.

Date / Place of Birth: 25/09/1970 / Chania, Crete, Greece

Tel.: 6944-630891 & 2810-379551 (off.) /**Fax:** 2810-379504 /**E-mail:** akalaitzaki@hmu.gr

Licence: Chartered Psychologist (129/17-01-1994).

CURRENT POSITION: Assistant Professor of Clinical Psychology (permanent staff), School of Health, Hellenic Mediterranean University, Greece (January 2012-currently).

EDUCATION

STUDIES - DEGREES:

- Bachelor's degree in psychology (1992), Department of Psychology, University of Crete, Greece.
- M.Sc degree in Clinical Psychology (1996), Department of Psychology, University of Crete, Greece.
- Ph.D. degree in Clinical Psychology (2000), Department of Psychology, University of Crete, Greece.
- Ph.D. degree in Psychology (2005), School of Health, Natural and Social Science, University of Sunderland, U.K.

POSTGRADUATE STUDIES / SEMINARS:

- European Diploma in the Psychological Therapies (2001), European Institute of Psychotherapy, U.K.
- Psychotherapy methods and techniques
- Psychometric tests and projective techniques

SCHOLARSHIPS

Eleven (11) scholarships at the undergraduate level of studies.

RESEARCH EXPERIENCE / PUBLICATIONS

PUBLICATIONS:

- Thirty-four (34) papers in peer-reviewed journals (four papers in Greek journals)
- Nine (9) papers under review in peer-reviewed journals
- Sixteen (16) chapters in books (five chapters in Greek books)

- Nine (9) short articles in an edited volume [Stalikas, A., Triliva, S., & Roussi, P., (2012) (Edts). *The psychometric instruments in Greece*. Athens: Pedio Books].
- One (1) co-edited book in English [Birtchnell, J., Newberry, M., & Kalaitzaki, A. (Eds:). *Relating Theory – Clinical and Forensic Applications*. Palgrave & Macmillan].
- Three edited books in Greek

UNPUBLISHED SCIENTIFIC WORK

Fourteen (14) unpublished hand notes for the university courses.

CITATION INDEX

Google Scholar : 367 Citations / h-index: 10

PRESENTATIONS IN SCIENTIFIC CONFERENCES:

- National conferences: 85 oral or poster presentations
- International conferences: 36 oral or poster presentations

QUESTIONNAIRES & SCALES (DEVELOPMENT – TRANSLATION)

Development or translation 17 questionnaires/scales, nine of which have been published in the revised version of the book by Stalikas, A., Triliva, S., & Roussi, P., (2012) (Edts). *The psychometric instruments in Greece*. Athens: Pedio Books.

NATIONAL AND INTERNATIONAL RESEARCH PROJECTS

- "Cross-cultural Internet and mobile phone uses" supervised by S. Laconi (CERPPS, Université Toulouse 2, France) (2018-).
- "The impact of caring for a person with MCI/Alzheimer's disease on the family caregiver's quality of life in rural Crete". Collaboration with University of Haifa, Hebrew University of Jerusalem Participation
- Two (2) national research projects (WHO/ HBSC) "Panhellenic survey on health-related behaviours of adolescents" (HBSC/WHO survey) in 2014 and in 2017. (<http://www.epipsi.gr/index.php/research/97-ereuna-hbsc-who>)
- Responsible for two (2) international research projects at the national level in Greece (International Parenting Study and International Dating Violence Study), supervised by Angèle Fauchier and Murray A. Straus, Family Research Laboratory, University of New Hampshire, Durham.

RESEARCH EXPERIENCE:

- Coordinator /leader of the eight (8) projects (indicative ones):
 - "Programme of integrated interventions to enhance social cohesion and improve quality of life of older people who live in care homes "NOT LONELY ANY MORE",_funded by the Region of Crete [Futurium (europa.eu)]

- "Improving university students' well-being through an online and an offline intervention program", funded by the 1st Internal Program of Research Enhancement of the Special Account for Research Funds, TEI Crete (2016).
- two (2) life-long learning seminars (Lifelong Learning School, TEI of Crete) entitled "Happiness is our Choice: a program of self-help activities" (offline: 07/03/2016 - 15/04/2016 and online: 29/05/2017 - 23/07/2017)
- one life-long learning seminar (Lifelong Learning School, TEI of Crete), entitled "Knowledge update seminar for social workers working in health and social care services" (06/11/2017 - 04/12/2017).
- Participation (paid work) in twenty-three (23) projects funded from European funds at the University of Crete, TEI of Crete/Hellenic Mediterranean University and other Universities (from 1999 to 2020)

SUPERVISION OF THESIS

- Supervision of forty-two (42) undergraduate theses (TEI of Crete/HMU)
- Supervision of eleven (11) postgraduate theses (University of Crete and TEI of Crete/HMU)
- Supervision of two (2) Ph.D. thesis (HMU)
- Supervision of one (1) postdoc (HMU)
- Participation in the supervising three-member committee of eight (8) Ph.D. theses (HMU, University of West Attica, University of Crete, Aristotle University of Thessaloniki)

REVIEWER OF SCIENTIFIC JOURNALS: Journal of Social and Personal Relationships, American Journal of Alzheimer's Disease and Other Dementias, Addictive Behavior, Psychiatry Research, Communication Research, Clinical Psychologist, The Primary Care Companion.

RESEARCH INTERESTS:

- Interpersonal relating within the families of persons with psychotic symptoms
- Psychotherapy interventions and effectiveness of psychotherapy integration in improving negative interrelating
- Dating violence and abuse (perpetration and victimization)
- Parent-child relationships (e.g., parenting)
- Social networks (e.g., facebook) and problems of misuse (internet addiction, cyberstalking)
- Elders, Alzheimer's disease, dementia
- Positive psychology (e.g., well-being, resilience, positive emotions)

OTHER SCIENTIFIC ACTIVITY

Organization of the 1st Scientific Seminar of the Laboratory of Interdisciplinary Approach for the Enhancement of the Quality of Life entitled "Holistic and Interdisciplinary Approach of the Quality of Life in Health and Illness" on January 13th, 2018 at the Chamber of Heraklion.

EDUCATIONAL AND WORK EXPERIENCE

CURRENT POST:

- Assistant Professor of Clinical Psychology (permanent staff), Social Work Department, School of Health, Hellenic Mediterranean University (January 2012-currently).
- Head of the Laboratory of Interdisciplinary Approach for the Enhancement of the Quality of Life (30/08/2016-15/04/2019. FEK 2461/16-11-2015 and 22/03/2019-31/08/2022. FEK 127/15-3-2019).

EDUCATIONAL EXPERIENCE:

- Teaching staff at the Postgraduate Program "Bioethics", which is co-organized by the Departments of Philosophy and Social Studies, Sociology, Biology and the School of Medicine of the University of Crete.
- Teaching staff at the Postgraduate Program "Interdisciplinary social intervention methods in Crisis Situations» of the Higher Technological Educational Institute of Crete.
- Assistant Professor of Clinical Psychology (temporary staff) at 1) Social Work Department, School of Health and Social Welfare, Higher Technological Educational Institute of Crete (2002-2011) and 2) Nursing Department, School of Health and Social Welfare, Higher Technological Educational Institute of Crete (2002-2009)
- Adjunct Professor of Clinical Psychology at 1) the Department of Psychology, School of Social Sciences, University of Crete (2000-2002 and 2010-2011) and 2) the Department of Preschool Education, School of Education, University of Crete (2007-2008 until 2010-2011).
- Adjunct Professor, Department of Music Technology and Acoustics, Higher Technological Educational Institute of Crete (2003-2004).
- Adjunct Professor, School of Police Officers (2003-2004).

WORK EXPERIENCE:

- Participation (paid work) in the project "Development of digital lessons, support of the institute's platform and other actions", of the action entitled "Open Academic Courses of the Technological Educational Institution of Crete" (6/3/2015 - 6/6/2015)
- Psychologist in the Specialized Center for Vocational Training "AGAPI" (Rethymnon) in 1998.
- Vocational Training programs and seminars (Prefecture of Rethymnon and Vocational Training Centers)

CLINICAL EXPERIENCE: Abundant clinical experience in psychiatric hospitals, clinics etc.

SCIENTIFIC SOCIETIES, ASSOCIATIONS, NETWORKS

1. Register of Certified Reviewers of the General Secretariat for Research and Technology (GSRT)

2. Specialized Advisor at SchoolAids (Teacher and Advice Consultant Network) -
<http://www.schoolsaid.gr/>
3. Association of Domestic Violence Intervention Programs
4. Panhellenic Association of Psychologists (Member ID: 128)
5. Association for Psychological Science (Member ID: 93505)

APPENDIX

Recent publications in peer-reviewed journals (indicative):

1. Birtchnell, J., Newberry, M., & **Kalairzaki, A.** (Eds) (2016). *Relating Theory: Clinical and Forensic Applications*. London: Palgrave Macmillan.
2. **Kalaitzaki, A.E.** & Hammond, S. (2016). The Person's Positive Relating to Other's Questionnaire: a new relating instrument grounded on Positive Psychology (Chapter 11). In J. Birtchnell, M. Newberry, & A. E. Kalaitzaki (Eds.). *Relating Theory: Clinical and Forensic Applications*. London: Palgrave Macmillan.
3. **Kalaitzaki, A.E.** (2017). Cyberstalking victimization and perpetration among Greek college students (Chapter 15). In M. F. Wright (Ed.). *Identity, Sexuality, and Relationships among Emerging Adults in the Digital Age*. IGI Global.
4. **Kalaitzaki, A.E.** (2019). The pathway from family violence to dating violence in college students' relationships: A multivariate model. *Journal of Aggression, Maltreatment & Trauma*, 28(3), 313-333.
5. **Kalaitzaki, A.E.**, Pattakou-Parasyri, V., & Foukaki, M.-E. (2019). Depression, negative relating with the oldest child and the mediating role of resilience in community elders' psychological well-being: A pilot study in Greece. *Psychogeriatrics*. DOI:10.1111/psyg.12461
6. Werner, P., **Kalaitzaki, A.E.**, Spitzer, N., Raviv-Turgeman, L., Koukouli, S., & Tziraki, Ch. (2019). Stigmatic beliefs towards a person with dementia: A cross-national comparison of Israeli and Greek college students. *International Psychogeriatrics*, 1-9. doi:[10.1017/S104161021900070X](https://doi.org/10.1017/S104161021900070X)
7. Tamiolaki, A. & **Kalaitzaki, A.E.** (2020). "That which does not kill us, makes us stronger": COVID-19 and Posttraumatic Growth. *Psychiatry Research*, 289, 113044, 2020, <https://doi.org/10.1016/j.psychres.2020.113044>
8. **Kalaitzaki, A.E.**, Tamiolaki, A. & Rovithis, M. (2020). The healthcare professionals amidst COVID-19 pandemic: A perspective of resilience and posttraumatic growth. *Asian Journal of Psychiatry*. <https://doi.org/10.1016/j.ajp.2020.102172>
9. Koukouli, S., **Kalaitzaki, A.E.**, Panagiotakis, S., Markakis, G., Werner, P., & Tziraki, Ch. (2020). Factors associated with the perception of services by dementia informal caregivers in Greece: the role of familism. *Aging and Mental Health*, <https://doi.org/10.1080/13607863.2020.1857694>
10. **Kalaitzaki, A.E.**, Tsouvelas, G., & Koukouli, S. (2020). Social capital, social support and perceived stress in college students: The role of resilience and life satisfaction. *Stress & Health*, doi:10.1002/smi.3008
11. **Kalaitzaki, A.** (2021). Posttraumatic symptoms, posttraumatic growth, and internal resources

among the general population in Greece: A nation-wide survey amid the first COVID-19 lockdown. *International Journal of Psychology*. First published: 03 March 2021
<https://doi.org/doi: 10.1002/ijop.12750>

- 12. Kalaitzaki, A.** & Rovithis, M. (2021). Secondary traumatic stress and vicarious posttraumatic growth in healthcare workers during the first COVID-19 lockdown in Greece: The role of resilience and coping strategies. *Psychiatrike=Psychiatriki*, *32*(1), 19-25.
<https://doi.org/10.22365/jpsych.2021.001>
- 13. Kateri, E., Kalaitzaki, A.,** Karademas, E.V. (2021). The role of self-esteem and anxiety in depression of Albanian and Indian immigrants in Greece. *Psychiatrike = Psychiatriki*, *32*(1), 26–33 <https://doi.org/10.22365/jpsych.2021.002>
- 14. Koukouli, S., & Kalaitzaki, A.E.** (in press). Recollections of maternal and paternal punitive discipline in childhood and violent attitudes and behaviors in adulthood: Pathways to violence in Greece through a mediation process. *Violence & Victims*, *36*(3), 381-400.